

## Use this checklist of Swim & Dive mandatory items.

### Category I. Mandatory for Participation, including tryouts.

Except where noted, the forms must be **completed**, **signed** where required, and **returned** to the Coach before trying out.

Check as each item is completed.

- \_\_\_\_\_ 1. Absence ( Form )
- \_\_\_\_\_ 2. Concussion Education ( Note: mandatory online completion and return of last page )
- \_\_\_\_\_ 3. Contract – Rules ( Form ) ( Note: mandatory completion and return of last page )
- \_\_\_\_\_ 4. Database ( Form )
- \_\_\_\_\_ 5. Emergency Care ( Form )
- \_\_\_\_\_ 6. Field Trip ( Form )
- \_\_\_\_\_ 7. Information Overview ( Note: mandatory read, not for return )
- \_\_\_\_\_ 8. Participation Policy ( Form )
- \_\_\_\_\_ 9. Physical ( Form )